



## Poverty

Together we support urgent needs and promote independence and long-term financial stability.

### Addiction Services Thames Valley

- London CAREs

### Canadian Hearing Society

- Community support services

### CNIB

- Vision rehabilitation services \*

### Crouch Neighbourhood Resource Centre

- Community development
- Children & youth services
- Opening Doors program & community support

### Family Service Thames Valley

- Financial literacy

### Glen Cairn Neighbourhood Resource Centre

- Community development
- Children & youth services
- Family & basic needs

### Information London / thehealthline.ca

- Help Yourself Through Hard Times booklet \*

### London Employment Help Centre

- Advocacy program

### LUSO Community Services

- Multicultural outreach program \*
- Northeast community development program
- Northeast youth support program
- Basic needs

### March of Dimes Canada

- Assistive devices program \*

### Meals on Wheels London

- Meal program
- Transportation program

### South London Neighborhood Resource Centre

- Community development
- Youth services
- Volunteer services

### Unity Project for Relief of Homelessness in London

- Community life skills program

### Youth Opportunities Unlimited

- Next Wave Youth Centre \*
- Youth Action Centre

## Mental health

Together we promote healing, resilience and recovery for individuals living with mental health issues.

### Community Living London

- Volunteer services

### Canadian Mental Health Association - Middlesex

- Family support (includes bereavement) \*
- Drop-in programs including London Coffee House & My Sister's Place

### Daya Counselling Centre

- Subsidized counselling program

### Family Service Thames Valley

- Counselling services
- Clinical excellence & internship training program

### Horton Street Seniors Centre

- Seniors' health & well-being

### John Howard Society London & District

- Individual, couple, family counselling
- Women's group

### London & District Distress Centre

- Distress line and seniors helpline \*

### Sexual Assault Centre London

- Counselling services \*

### St. Joseph's Hospice London Middlesex

- Volunteer visitation program

### Vanier Children's Services

- Focused family therapy & internship training program \*

## Beginnings & transitions

Together we help children to reach their full potential, empower individuals and families to overcome tough times and enable immigrants to engage, contribute and thrive.

### Across Languages

- Community interpreter access program

### Big Brothers & Big Sisters of London & Area

- Community based mentoring \*

### Boys' & Girls' Club of London

- Recreation, social and nutrition program
- Education program
- Inclusive camping services

### CNIB

- Early intervention services \*

### Changing Ways (London) Inc.

- Men's group counselling \*
- Caring Dads program

### Community Living London

- Teach and play toy lending library

### John Howard Society of London & District

- Youth outreach \*
- Boullee, Huron & Kipps Lane project

### Learning Disabilities Association - London Region

- Services for children, youth & families \*

### London InterCommunity Health Centre

- Women of the World program

### Merrymount Children's Centre

- Mutual aid parenting program (MAPP) \*

### N'Amerind (London) Friendship Centre Inc.

- Community liaison program

### SARI Therapeutic Riding

- Therapeutic riding program \*
- Summer camp program \*

### Scouts Canada, Tri-Shores Council

- Scouts youth subsidies \*

### Stevenson Children's Camp

- Summer camping program \*

### WIL Employment Connections

- LMIEC mentorship for immigrant employment program

### Women's Rural Resource Centre of Strathroy & Area

- Children's program \*

### YMCA of Western Ontario

- YMCA community school programs \*
- Inclusive camping services \*

## Strategic initiatives

Strategic Initiatives are time-limited, provide innovative solutions to emerging challenges facing our community and advance the mission of United Way London & Middlesex.

211 \*

Market Quality Preserves Youth Employment Training Program \*

Matched Education Savings Program \*

Muslim Family Support Services

New Beginnings Loan Fund \*

VERGE Capital \*

Winter Warmth

\* Programs operating in Middlesex County